

Aggarwal College Launches 2nd Batch of Certificate Course in Indian Knowledge System

A Certificate Course in Indian Knowledge System (IKS) of 30 hours duration in hybrid mode commenced at Aggarwal College on September 11, 2025. This marks the beginning of the second batch to pursue this course. This course is being organised under the aegis of Indian Knowledge System.

The inaugural session emphasized the relevance of Indian Knowledge Systems in the modern era, highlighting how age-old wisdom on sustainability, ethics, and holistic living can be integrated with contemporary education. The discussions also encouraged students to reconnect with India's intellectual and cultural legacy.

On the same day, participants were also introduced to the benefits of medicinal plants as part of IKS. Examples included Tulsi, known for boosting immunity and respiratory health; Ashwagandha, recognized for reducing stress and improving vitality; Turmeric, valued for its anti-inflammatory and healing properties; and Neem, noted for its antibacterial uses. The session highlighted how such plants, deeply embedded in India's traditional knowledge systems, continue to play a vital role in sustainable wellness practices even today.

The course is being coordinated by in-house experts, with Dr. Sarika Kanjlia serving as Convenor and Inayat Chaudhary as Co-Convenor of the Indian Knowledge System program. Both reiterated that the course aims to bridge traditional knowledge with modern pedagogy, fostering interdisciplinary learning and cultural awareness among participants.

The 30-hour hybrid course will cover areas such as philosophy, wellness practices, education, ecological traditions, and sustainable living, equipping students with insights from India's timeless knowledge systems.